

Alli & Caroline Keechle, Adelyn, Jack & Luke Carey, all of the cove.

Photo by Chris Carey

COMMODORE'S COMMENTS

he 2023 Women's Golf Outing is in the books, and from what I could gather speaking to several participants, a great day was had by all who attended. I heard the golfing was fun, the luncheon was delish, and there were some great prizes. I want to thank Blair Garceau and Carol McCoy for organizing the event for the ladies of Birch Lake. Good job ladies!

Last Saturday the Yacht Club was the place to be for a fun evening at the free Family Picnic. There was plenty of music and tasty appetizers and desserts supplied by those who attended. There were games for the kids to keep them occupied while the parents danced to a great band. I want thank Claudia Phipps and Sarah Petty for stepping up to chair this event under some difficult circumstances. Ladies, you did an amazing job. Claudia and Sarah are going to need quite a bit of help next year so if you would like to serve on the picnic committee, contact Claudia Phipps at claudia2154@gmail.com.

The Corn & Sausage Roast is coming up on Saturday August 5 at the Yacht Club, so plan on bringing your family out for a delicious meal. Details in this issue of the Barker.

The Don Hartman Kidz Regatta is fast approaching on Saturday August 12 at the King's home located on the North Shore. This would be a great way to introduce your kids to sailing. There was a good turnout last year and here's to having an even greater turnout. See this issue of the Barker for more details.

This week, sing and dance to your favorite song, reach out to an old friend, spread joy and love when you can and remember, the sun always shines on Birch Lake, even on a cloudy day.

~Commodore Deb

Corn & Sausage Roast NEXT WEEK! – Saturday, August 5, – Here It Comes Again!

It's almost here! Only a week to go until that fun family event arrives again! Bring your appetites, families and neighbors to the annual Corn & Sausage Roast, next Saturday, August 5th. From 5:30pm to 7:30pm at the Yacht Club we'll be serving delicious meals consisting of your meat choice, roasted corn, a selection of side dishes, cookies and lemonade or iced tea. Get ready for a bratwurst (\$8), hot dog (\$5)

or chicken breast (\$9) meal (we'll only

2023 Birch Lake Calendar

have a limited supply of chicken breasts

July 28 Men's Golf, details inside
Aug. 5 Home Owner's Assoc.
annual meeting, details inside

Aug. 5 Corn & Sausage Roast, 5:30-7 pm, BLYC

Aug. 12 - Don Harman Kidz Regatta, Kings', north shore, 1-3 pm Aug. 26 Fall Dinner & BLYC

Annual Meeting, , details tba

Aug. 26 Junior Sunfish Fleet races, 11 am

Sept 2, 3 Labor Day Regatta, (Sept 4 rain date), 11 am

Sept. 9 Sailing awards luncheon, Frew's house (east side)

Sept. 30 Crockpot challenge, details inside

BLYC Board Meetings Aug. 5, Sept. 9

BLYC Board meetings begin at 9 am, and they are open to all lake residents

BLYC, Facebook and other social media

The Birch Lake Yacht Club DOES NOT have a Facebook page nor is it participating in any form of social media. If you see Birch Lake Yacht Club information on any social media, the information has not been provided, checked or approved by the BLYC, and may be incorrect or misleading. If you have questions or concerns, please check http://www.philvitale.com/Barker/BirchBarker.htm, or contact any BLYC director or officer (see "officer and director" information in any edition of the Barker).

The Birch Barker will consider ads and editorial items for publication. E-mail items to onlinebarker@gmail.com, mail them (or put them in the stone mailbox to) 63174 Birch Rd. (East Shore). For **editorial contact Editor Phil** at onlinebarker@gmail.com, or at 476-1680 (no text). For **delivery concerns contact Ron Niezgodski**, birchbass1@gmail.com or 476-9317. For all other matters **contact Commodore Deb Hall**, at **debber-shall@gmail.com** or 219-765-8691. **DEADLINE** is always Noon on the Tuesday of the week before the publication.

— Birch Lake Notes —

so come early to try to get what we have!). Pay at the door – no reservations required! Come hungry, visit with your neighbors and leave happy and satisfied! Hope to see you there!

John Groszek's Memorial Service and Celebration of Life

Saturday, August 5 - 11 am. Brown Funeral Home. 521 E. Main Street, Niles

Luncheon following for family and close friends catered by The Skillet, held at: Eagles Lodge, 34 Sycamore St., Niles. Please let Lois know if you are planning to attend the luncheon as a count is needed for the caterer a week before. Text or call, 574-276-0960 or email: lolobirch@aim.com

Homeowners annual meeting

The Birch Lake Homeowners Association will hold its annual meeting at approximately 10 am, following the BLYC board of directors meeting on August 5. East side resident Liberty Coryell, a paramedic, will present a refresher on the proper use of the automated external defibrillator (AED) devices that are located around Birch Lake. Everyone is welcome.

Barker delivery help needed

Barker delivery coordinator Ron

Birch Lake Yacht Club WATER QUALITY CONTRIBUTIONS

Contribute now with a click at: https://store.birchlakeyachtclub.com



To donate for **WATER QUALITY** or any BLYC activity or event, use the form in the back of this week's Barker or visit the website above

Birch Lake Yacht Club FIREWORKS FUND Our goal for 2024 is \$15,775 Contribute now with a click at: https://store.birchlakeyachtclub.com GOAL \$15,775 **Updated** July 18, 2023 To donate for **FIREWORKS** or any BLYC activi-\$2,071 ty or event, use the form in the back of this week's Barker or visit the website

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- Watch for your new Medicare card to arrive in the mail.

Keep This List!

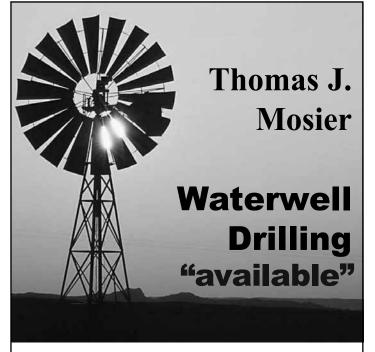
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— Birch Lake Notes -

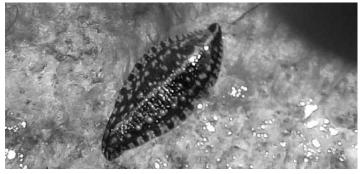
Niezgodski is looking for a delivery person for the Barker on the south side to replace Julie Lacy. If you are interested, please contact Ron at birchbass1@gmail.com or 476-9317.

Crockpot Challenge

The 2023 Crockpot Challenge will be September 30 at the BLYC. Again there will be two categories: Savory and Sweet. Prizes will be given for each category.

There will be a basket raffle, and 50/50 drawing to benefit our Water Quality.

Entries will allowed in at 5:30 pm. Tasting will begin at 6. This year, we will again sponsor a food drive for the Food Bank of Cass County. Please contribute with non-perishable foods. Let's help our community!



Leech on Dennis and Peggy Geik's (west side) boat house ramp. photo provided by Karen Brovold





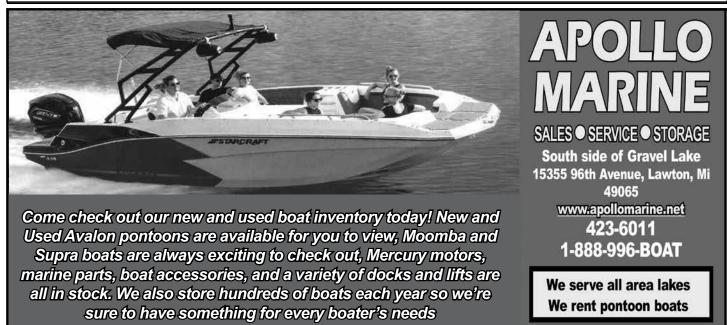
Satori Guest House 11979 M60 Jones, MI 49061 airbnb.com/h/satoriguesthouse

Satori Guest Cottage 11987 M60 Jones, MI 49061 airbnb.com/h/satoricottage

Only 7 minutes away from Swiss Valley Ski Lodge. Owners – Kevin & Buffy Mallo "All the little touches matter"

*Both properties are adjacent to each other and may be rented together for larger parties.





- Birch Lake Family Picnic —

Third BLYC Family Picnic a Hit!

Thanks to everyone who joined us for the third annual BLYC Family Picnic! The band was hopping and fun was had by all. We had more than 100 people join us, including a LOT of kids young and old, running amok, dancing, and playing games.

We especially want to thank our many volunteers who helped run this event: Denny Weesner, Deb and Bud Hall, Sue Davis, Pat McGann, Barb Cassady, and everyone else who pitched in. Special thank you to Pat and Sue Williams, Bill Doba, Mike and Katha Machalleck, and Pat Welch who allowed us to park cars nearby on their properties. Finally, a big thank you to Phil and Sandy Vitale for tending the bar and yacht club.

Huge shout out to Bucket o' Maybes, our talented band who rocked out and kept the party lively. They were fantastic!

It was wonderful seeing so many people celebrating summer and enjoying the Birch Lake Yacht Club. We were thrilled to meet new folks who had never been out to a yacht club party. See you soon at one of our upcoming events — Men's golf outing, Corn and Sausage Roast, Fall Dinner, and the Crockpot Challenge!

Thank you!

~ Sarah Petty and Claudia Phipps

We are in great need of committee members to repeat this event. If interested email me at claudia2154@ gmail.com

































- Birch Ladies Golf Outing -

Last Friday, 28 eager women teed off for a nine hole scramble at Spruce Ridge Golf Course. Each hole had some fun variations that gave the golfers challenges as well as little boosts to improve their team scores. Below is a recap of the day.

Team Winners:

First Place Team: Carol McCoy, Traci Limes, Carol Henry and Jan Johnson Second Place Team: Claudia Phipps, Becky Wiseman, Brittany Marlow and Carolyn Niedbalski

Third Place Team: Barb Cassady, Jeannie Welch, Diane Robertson and Pat Widmar

Fourth Place Team: Sandy Vitale, Carla Chester, Irene Steffen and Sue Waddle

Fifth Place Team: Debbie Soldato, Johanna Stratigos, Lori Noyer and Allyson Weaver-Gills

Sixth Place Team: Vickie Rogers, Leslie King, Blair Garceau and Connie Young

Seventh Place Team: Angela Bergan, Fran Welch, Ashley Connaughton and Taylor Marquez

Contest Holes winners:

Longest Drive: Barb Cassady Closest to the Pin: Carolyn Niedbalski Hit the Target: Jeannie Welch Longest Putt: Carolyn Niedbalski

Thanks to a whole cast of people. A big shout out to Stacy Whiteman for driving our beer cart and keeping everyone happy. Also a big thanks to our lunch greeters Denny Weesner and Ronnie Eshelman. Our 50/50 guardians were Sue Williams and Katha Machalleck, thanks ladies!

The 50/50 prize winner was Denny

Weesner who graciously donated it back to the chosen fund: Water Quality.

We'd also like to thank our sponsors who made all the fun possible. Our neighbors: Rick and Patty Russwurm (Paramount Properties), Sandy and Phil Vitale, Bob and Sue Waddle, Carmen and Debbie Soldato, Dan and Sharon Waxman, Carla and Ed Chester, and Barb and Tom Cassady. Our neighbors are the best!!

Our local businesses who supported this outing were: O'Donnell's Docks, Sun & Shade Awning, Apollo Marine, Dennis Bamber with Cressy and Everett, Lake Life Realty Group, The South Bend Medical Foundation (fun pens and socks!), and Zimmy's (t-shirts and gift certificates). Please patronize these businesses whenever possible.

Finally, thanks to all of the women who joined us for golf and lunch. You made it a wonderful and fun event. Everyone was warm, welcoming, ready for a good time and just great to be around. Thank you for making this event so successful.

~Carol McCoy and Blair Garceau















EMERGENCY HEART DEFIBRILLATOR (AED) locations on Birch Lake

There are six (6) automated external defibrillator units on Birch Lake. The boxes that contain these devices are located at the following locations (see map):

- 1. West Shore, Sheffieck home, 62875 Birch Lakeview Dr.
- 2. North Shore, Smitley home, 14859 Birch Northshore Dr.15046
- 3. East Shore, Vitale home, 63174 Birch Rd.
- 4. South Shore, Eberhart home, 15046 Birch Lakeshore Dr.
- 5. South/East Shore, Troeger home, 63696 Birch Rd.
- 6. Southwest Shore, DeYoung home, 63255 Storey Hill St.

All units are on the ROAD SIDE of the property and accessible by vehicle or on foot.

IN AN EMERGENCY:

- 1. CALL 911 and report the emergency and the patient's location immediately.
 2. Pull the box open, remove the or-
- ange-colored unit, TAKE IT TO THE PATIENT and open the device by pressing the white lever at the bottom.
- 3. An automated voice will guide you through the setup and use of the defibrillator. Follow the instructions as they are given.
- 4. Continue to follow the instructions as given, and stay with the patient until help arrives.

This message is brought to you by the Homeowners Association of Birch Lake

— Barker Kid of the Week —



Happy 42nd anniversary to Buzz and Linda Rasmussen! They purchased their home in 1982 on Memorial Day weekend. They have maintained their full time birch laker membership, ever since then. Please wish them a happy anniversary or honk when you're cruising by on the boat! Love, Phyllis and Ciara





Who would have guessed this 2003 Barker Kid of the Week above), Claire Brovold (West shore), would graduate with honors with a Masters in Geology from the Universitv of Louisiana in Lafayette, Louisiana. Claire has moved to Wilmington, N.C. to pursue a P.H.D. in Applied Coastal and Ocean Sciences at the University of North Carolina. Her boyfriend, A.J. Karafa (pictured at left with Claire at her graduation) has started Medical School at Western Michigan University.

"The Ranch"
at Birch Lake Yacht Club
August 26
Cocktails 5:30-6pm
Chuckwagon BBQ
Rustled up by Bullseye Market at 6pm
Brisket, Chicken 3
all the Fixin's
\$25 per cowboy
Open Bar

Rick Up Your Heels
Prize for best dressed Cowboy or Cowgirl
Please make checks payable to
BLYC and mail to Sue Davis
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contact Sue Davis at eyesnd76egmail.com.
Deadline for reservations August 18

Tickets online at www.birchlakeyachtclub.com

Barker Kids of the Week —



Kari Sears (cove) and her dad visiting from Pennsylvania working on a summer project.

Bastian Richardson fifth generation of the Como Clan, (south side) Grandson of Paige Como.

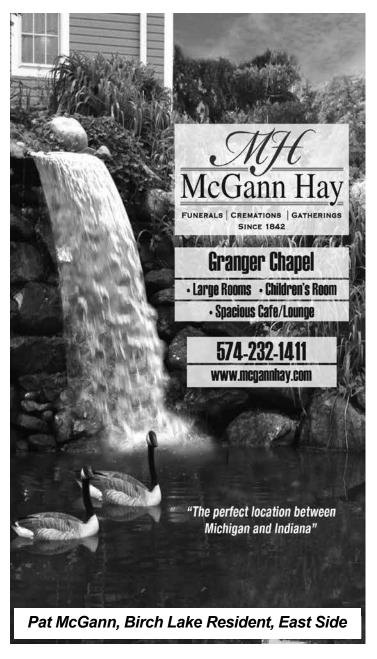






Megan, Molly and Sarah at the BLYC Family Picnic

Alli Keechle, Luke, Corinne, Jack & Adelyn Carey, Caroline & Luke Keechle (Cove) at the Hesston Steam Museum in LaPorte County.





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No wind, no racing; scoring correction

The weather forecast said only a 10 percent chance of rain! Unfortunately, that 10 percent chance became reality last Sunday morning, as thunderstorms materialized out of thin air on the radar apps, accompanied by lightning strikes on the lightning tracker.

We do have some new sailing scores to report, though. That's because the Sunday before last we had family visiting from out of town, and I did the scoring report for the Birch Barker in a hurry, which caused me to overlook the line containing Amy Troeger's two races in the Sunfish Fleet. (My Mom always warned me that "Haste makes waste!") My sincere and humble apologies to Amy and to those kind Sailors who took time to straighten me out! As you can see in today's corrected sailing results, both of Amy's races last week scored in the

top three positions, with a second place and a third place, and Amy is currently in fourth place in the Sunfish Fleet in terms of season point average.

Hoping I won't do that again! And hoping for great sailing weather next Sunday!

~FC Steve

BLYC sailing results & season standings

Date							
Race	10	11	12	Points	Average	Finished	Finished
MC Scow/Sailor To	tal MC Race	s=>12					
Barb Cassady #2506	2	1	1	18728	1560	12	100
Scott Troeger #1489	1	2	2	18647	1553	12	100
Patrick Welch #1979	3	3	3	12702	1411	9	75
Phil Vitale #500	5	5	DNS	14998	1363	11	90
Bill Luecht #1579	4	4	4	12177	1353	9	75
Sandy Vitale #2159	7	7	DNS	13412	1219	11	90
Steve Frew #656	6	6	5	13416	1219	10	80
Amber Grundy #1173	DNS	DNS	DNS	3606	1202	3	25
Bob King #1199	CB	CB	CB	8514	1419	6	50
Sunfish/SailorS							
Stewart Spratt	1	2	1	9363	1560	6	50
Rick Russwurm	4	1	2	18576	1548	12	100
Amy Troeger	2	3	DNS	7299	1459.8	5	41
Pat McGann							
Herb Cleveland	5	4	3	6774	1354	5	41
Bob Niezgodski	6	7	DNS	14789	1344	11	91
Camille Butler							
Pete Soldato	DNS	DNS	DNS	3121	1560	2	16
Bill Butler							

Annual Don Harman



Sat. Aug. 12th – 1-3 pm.

Nautical Knot tying tutorial Sunfish rigging / sail-away Cookies, punch & kid stuff

BYO: PFD (lifejacket) / squirt guns



- Water Quality Report

et's now discuss Commandment # 4: "Thou Shalt Protect and Expand Natural Shorelines"

We often warn about the dangers of allowing phosphorus and other nutrients into our lake. While this is indeed extremely important, did you know that the 2007 National Lakeshore Assessment indicated that far more Michigan inland lakes are stressed by poor shoreline conditions than by excesses of nutrients or turbidity? Shorelines:

- Dictate what gets into the lake
- Provide key animal habitat and breeding areas
- Serve as important fish nursery areas
- Prevent (or hasten) soil erosion.

The lawns and seawalls (that many of us have) change the lake ecosystem in ways that are hard to reverse." Hard shorelines have physical, biological and chemical impacts.

In terms of our environment and protecting our lake, natural shorelines yield the best results. Ironically, they are even our best bet at limiting phosphorus.

An optimum natural shorelines includes many components:

- Submerged vegetation (in the water)
- Emergent or floating vegetation (in the water)
- Woody debris (beached logs or sticks) (in the water)
- A secured, gradual (climbable by turtles) slope up from the water's edge
- And, at the top of the slope, before the lawn, a barrier strip (the wider the better)

of at least 12" - 24" tall native, deep-rooted-plants.

In a perfect world the gradual slope would be made of and secured by native plants, perhaps initially held in place by natural fabrics or logs. The property previously owned by the Seyfarths (northeast corner) comes to mind as meeting many of these criteria.

The barrier strip helps to prevent erosion but also captures many chemicals on their way to the lake. Further, it makes your lawn area less desirable to geese. Please pick up whatever deposits geese (or other living beings) might leave on your property and throw them, not into the lake, but into the trash.

Although not 100 percent natural, a gradual slope of rip rap (cobbles and boulders) is more desirable than a solid concrete wall. A gradual slope of rip rap could be installed in place or in front (on the lake side) of a poured concrete seawall, thus mitigating some of its negative effects. Kudos to the Woznys (south) and Troegers (east side). A particularly big thanks and congratulations are due to Mrs. Amber and all the folks of Camp T. Last year, they made a large expenditure, replacing their very long poured concrete seawall with a more natural one made of rip rap. The Camp has demonstrated that it is a good steward of the lake in a substantial and meaningful way.

Even those with rip rap and/or a poured concrete wall could install and maintain any of the other features of a

natural shoreline described above.

A hardened shoreline, absent any of these natural characteristics, used to be considered by many of us lake folks to be highly desirable. Instead, water quality experts have referred them to as "aquatic deserts"

In 2017, using methods and standards provided as part of the Cooperative Lakes Monitoring Program, we subjected our lake to a "Score the Shore" evaluation. Due to our performance (or lack of) on the factors listed above, and the amount of development around the lake, we received a Below-Average score. Hopefully, our score today would be a little higher.

A good source for more information on the subject, including approved material and contractor source guides, can be found at www.mishorelinepartnership. org. Particularly helpful might be the section(s) on Shoreland Stewards. Thanks for your attention..

The Six Commandments of Birch Lake Water Quality

- I. Thou shalt prevent the spread of Aquatic Invasive Species (AIS).
- II. Thou shalt minimize surface runoff.
- III. Thou shalt minimize the effects of waves.
- IV. Thou shalt protect and expand Natural Shorelines.
- V. Thou shalt not allow phosphorus, nutrients, and other undesirable chemical elements to enter our lake.
- VI. Thou shalt remain informed and active about other Water Quality issues



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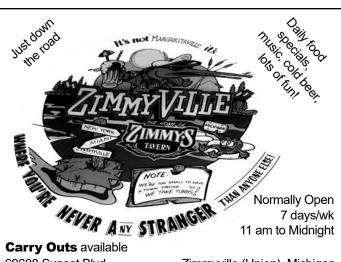


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Birch Lake Items of Interests



YOGA at the YACHT CLUB

- 9 -10:15 am July 29, August 3, 10, 12, 17, 19, 24, 31
- \$5 for water quality
- Most Thursdays and 4 Saturdays

Bring:

- yoga mat, two beach
- towels or blankets for Yoga Nidra Shavasana (The YC is cold & cold floor, body temp will drop)
- A pillow or two for under the knees and head
- An eye pillow or scarf to block light

Disney Animated Movies

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WORD SEARCH

WALL-E PETER PAN TARZAN BAMBI BROTHER BEAR ROBIN HOOD CARS JUNGLE BOOK PINOCCHIO TANGLED BOLT MULAN MONSTERS INC CINDERELLA ALADDIN HERCULES DUMBO FANTASIA DINOSAUR

The Moon this Saturday

(At Midnight, US Central time, viewed from the Birch Lake)

Illuminated Fraction: 0.906

2.5 days until full moon SUNRISE: 06:31:45 AM SUNSET: 21:05:15 PM

MOONRISE: 18:55:41 PM MOONSET: 02:30:17 AM DAYLIGHT HOURS: 14 Hr 33 Min 30 Sec





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This beautiful poster is on sale this summer for \$25 while supplies last. It measures approximately 23" X 35", and would be a great addition to your home. The proceeds will be used for needed improvements to the yacht club building. Posters may be purchased through Becky Wiseman, 14910 Birch Lakeshore Drive (south side) on Saturday and Sunday from 11 am to 1 pm. Make checks payable to BLYC.

Editor's note: The poster was produced from a painting by former Birch Lake resident and artist Coy Jankowski.

Birch Barker Funnies

The Jetsons really predicted our future 💿









My whole life I never read a warning label telling me not to eat laundry detergent or put glue in my hair somehow I just knew.



Now, they have cameras everywhere.





Circuses struggling to find new clowns as top prospects continue to go into politics



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Instructions:

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Garnish.

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— Camp Tannadoonah -

t's hard to believe we're approaching the end of July already. Just two more weeks of camp to go. The Grundy kids' summers are already starting to wind down, with school activities and practices starting up. Avery is going to be a freshman in high school this fall, and he starts Marching Band camp next week. And Elyse is spending a week at Camp Newaygo, in Newaygo, Michigan next week. They've both spent their entire lives at Camp Tannadoonah, and it's always good to try something new! She went last year to Camp Newaygo, and loved it, and is heading back this year for a second This week was a slightly less full camp than the previous two weeks, with only 130 campers (compared to 157 and 155the previous weeks). It's a little bit of a break for the staff before we finish out the summer with two completely full sessions the next two weeks!



It was our hottest week yet this summer this week. When the "feels like" temperature is 90F or higher, we make our afternoon swim time a mandatory swim, in order to ensure that everyone comes down and cools off a little bit. So if you were out on the lake you probably saw some busy swim times in the afternoons this week!

Our waterfront activities are some of the busiest and most popular activities at camp each year. We offer swimming lessons, canoeing, kayaking, sailing, stand up paddleboarding, fishing, waterskiing, and wakeboarding every week! This year we will have served a total of 144 waterskiers and wakeboarders, 240 stand up paddleboarders, 102 sailors, 179 kayakers, 65 canoers, 175 fishers, and 76 swimming lessons! I would estimate that at any given time, nearly half of our campers are at the waterfront during activity periods.

This year we're also offering a new waterfront class — or rather an old waterfront class that we haven't done in many years! When I was a camper, I took a Basic Water Rescue class. At the time it was a Red Cross Certification course, designed to teach people basic rescue skills in case of an emergency. It's not a full lifeguard course, and teaches non-lifeguards ways to help a swimmer or boater in distress without going into the water or otherwise endangering their own safety.

Red Cross no longer offers a certifi-

cate for the course, but the curriculum is still available and we're going to offer it one week this summer for campers who are 12 and older. They will learn to recognize the signs of an aquatic emergency, how to activate the emergency system, and how to reach or throw a rescue device to a distressed swimmer. One of the key pieces of the Red Cross safety training is the phrase "reach or throw, don't go." We'll also talk about prevention and safety topics, and how to assist primary rescuers if they're ever on the scene of an emergency situation. I remember taking the class as a teen, and felt it was a valuable experience, which eventually led me to signing up for a lifeguard training course when I was old enough.

I hope everyone was able to stay cool and enjoy the lake safely this week!

~Mrs. Amber



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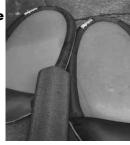




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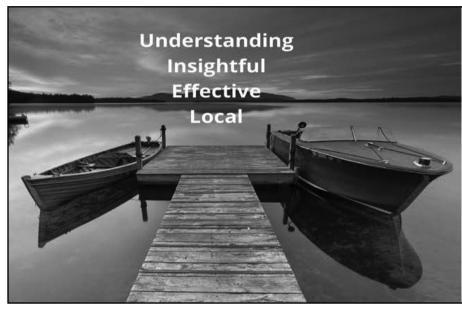
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HOW TO BE A GOOD NEIGHBOR

Be AED-ready

Automated External Defibrillators (AED)s can save a life in case of an emergency. There are AEDs at six Birch Lake homes. Simple instructions are on the units (and on the next page of this Barker) ... knowing where they are and being ready and able to use one might mean the difference between life and death. Be AED-ready!



This message is brought to you by the Homeowners Association of Birch Lake

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	/ 11 V
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